



**Workshop Title:** Clothing for the Body and Soul

**Description:** Creative clothing design

**Level:** Beginning and Intermediate

**Sewing Machine used:** Yes

**Descriptions:** The focus of this workshop is to involve students in the exploration of clothing as art. A lecture at the beginning of the workshop will be a source of inspiration for development of ideas. Using a variety of construction techniques each student will begin to create a garment that will reflect individual style and taste, personality and/or ethnicity, make a social or political statement, or reveal a sense of humor.

**Supplies Participants Should Bring:**

- ✂ A basic garment pattern that fits you (Rachel's patterns will also be available for \$15)
- ✂ 12-20 print or solid fabrics (you are welcome to bring more) in 1/4 - 3/4 yard pieces
- ✂ Base fabric (muslin or flannel) in amount of fabric required by your pattern
- ✂ Lining for garment
- ✂ Embellishments to enhance your garment
- ✂ Extension cord
- ✂ Iron
- ✂ Basic sewing kit
- ✂ Pens and pencils
- ✂ Note pad or writing paper
- ✂ Pattern or examination table paper
- ✂ Rotary cutter and board
- ✂ Omnigrd or Quilter's ruler
- ✂ Scotch tape
- ✂ Sense of adventure and humor!

NOTE: PRESHRINK ALL FABRICS

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